

Guidance on the National Framework for Social Prescribing

Overview

Social prescribing has been part of the health and social care landscape in Wales for some time now. It is defined in the Framework as a 'person-centred approach to connecting people to local community assets', such as voluntary sector groups and services.

These services could be delivered online or in person. People could self-refer to these organisations, or be referred or signposted by GPs, statutory services or the voluntary sector.

The Framework aims to:

- Ensure that all relationships at the heart of delivery are safe and secure
- Develop a shared understanding of the issues that lead people to seek help
- Support local workforces to fully play their role in social prescribing and drive up skills
- Improve the quality of current provision, and monitor and evaluate referrals and their outcomes
- Address any inequality and inequity that may currently exist within social prescribing

Download the [Competence framework for social prescribing practitioners in Wales 2023 – supporting document](#) and [competencies here](#).